



## U-8 Boys and U8 Girls Programme

### Who & What:

This programme is designed to prepare the U-8 player for future participation in the "World's" game of soccer. Players participating in this programme will be highly motivated soccer enthusiasts who are committed to personal soccer development and achievement. Our U8 Winter programme will consist of one weekly 60 minute training session, in accordance with our centre-wide curriculum, and weekly scheduled small sided games against other Nordic teams as well as other local clubs. Our goal is to have a 6 to 1 coach to player ratio to maximize learning potential for players. We do not travel outside the immediate area for matches or events with this programme. Our U8 Spring program will consist of one 75 minute weekly training session, in accordance with our club-wide curriculum. We will be entering teams into the Kohl's Cup tournament on Sunday June 10<sup>th</sup> to finish off the season.

### Instructional Philosophy:

Nordic's primary goal is to foster a "love" of the game, whilst enhancing proper playing habits through implementation of our centre-wide progressive curriculum. Nordic Soccer Club is always sensitive to the individual player's needs, potential and development of personal excellence. The curriculum is based on sound principles of learning. Attention to detail and the need to insist on the highest standards and acquisition of good learning and practice habits are essential elements in our learning environment. For the development of excellence, the following factors are essential:

#### Registration Criteria:

Player registration should be based upon commitment to learning, work ethic, character and a love for the game. This programme is for players born between 8/1/2003 and 7/31/2005.

#### Standard of Instruction:

Excellence in player development requires excellent instruction. Nordic's U8 program is staffed by qualified coaches. Our comprehensive centre-wide curriculum is modeled after European Professional Youth Development Academies. Young players learn efficiently and effectively within an inviting structured learning environment, with positive motivation, and the correct attitude toward learning and practice.

### U-8 Programme Staff:

Eric LaDouceur (U-8 Girls & Boys Director).

Charley Amblo (Youth Technical Director Nordic SC).

\* Other Nordic Coaches will "Guest" coach as well as Senior Nordic S.C. players.\*

### When & Where:

Tree Farm Soccer complex in Essex Jct.

Boys' U-8 - Wednesdays 5pm to 6.15pm.

Girls' U-8 - Wednesdays 5pm to 6.15pm.

Spring Session: **Weds 5/2, 5/9, 5/16, 5/23, 5/30 and 6/6.** (Outdoors at the Tree Farm Recreational Facility in Essex Jct.)

Kohl's Cup will be on Sunday June 10<sup>th</sup> at the Tree Farm.

Cost: \$100.

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**Name:** \_\_\_\_\_ **Age:** \_\_\_\_\_ **DOB** \_\_\_\_\_  
**Address:** \_\_\_\_\_  
**E-mail Address** \_\_\_\_\_  
**Phone: (H)** \_\_\_\_\_ **(W)** \_\_\_\_\_

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